

NATIONAL YOUTH CONFERENCE

ACTIVATE!

2008

www.motivatecanada.ca

IT'S YOUR LIFE...MAKE SPORT, RECREATION & PHYSICAL ACTIVITY WHAT YOU WANT IT TO BE!

Canadian youth, between the ages of 16-22, are invited to apply as delegates for the 4th annual ACTIVATE National Youth Leadership Conference on Sport, Recreation and Physical Activity.

Experience interactive leadership and team building workshops; build your networks and resources; learn to set and achieve your goals; create ACTION plans to lead physical activity projects and programs in your community; and have FUN! Don't miss the opportunity to meet 50 other young Canadians, from every province and territory, who share your passion and enthusiasm! **At the conference, delegates will:**

- 1** **SHARE THOUGHTS and IDEAS** about the relationship between sport & physical activity, community, youth development and effecting positive change.
- 2** **DEVELOP RELATIONSHIPS, SKILLS AND PLANS** to help you make changes in sport, recreation and physical activity and to help youth become more physically active in your community.
- 3** **LISTEN to and LEARN** from your peers. Gain insight into what other young Canadians want to do, have done or are currently doing in their communities.
- 4** **ACTIVATE YOUR COMMUNITY.** Put the learning and support networks you have developed into action to make sport, recreation, and physical activity opportunities better for youth in your community when you return home. Develop your ACTIVATE In Action project!

If you are open to exploring new ideas about youth-driven development, sport, recreation and physical activity **APPLY NOW!**

For more information, and to **APPLY** visit,
www.motivatecanada.ca/activate/O8conference.html

Deadline to apply is Friday, February 29, 2008

MAY 7-11, 2008
CARLETON UNIVERSITY, OTTAWA, ON

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