



BENOIT ST-AMAND

BORN ON APRIL 19TH, 1978, BENOIT SPENT HIS ENTIRE LIFE LIVING ON THE SOUTH SHORE OF MONTRÉAL WHERE HE WENT TO MILLE-FLEURS AND CHARLES-LEMOYNE ELEMENTARY SCHOOLS AND ATTENDED HIGH SCHOOL AT ÉCOLE SECONDAIRE ANDRÉ-LAURENDEAU.

AT THE AGE OF 15, BENOIT WAS DIAGNOSED WITH BONE CANCER. AFTER MANY CHEMOTHERAPY TREATMENTS, OPERATIONS HIS LIFE CHANGED FOREVER AS BENOIT WAS FORCED TO MAKE THE DECISION TO HAVE HIS RIGHT LEG AMPUTATED. FOLLOWING THIS OPERATION, BENOIT TRIED TO GET BACK TO A NORMAL LIFE BUT THERE WAS ONE THING MISSING: SPORTS.

IN 2003, BENOIT STARTED TO PLAY SLEDGE HOCKEY WITH A GROUP OF FRIENDS IN MONTREAL AND IN SEPTEMBER OF 2004 HE WAS ACCEPTED ON THE NATIONAL SLEDGE HOCKEY TEAM AS A FORWARD. DURING HIS SECOND SEASON BENOIT CHANGED POSITIONS AS HE WENT FROM FORWARD TO GOALIE AND HAS BEEN BETWEEN THE PIPES FOR TEAM CANADA EVER SINCE.

AS A MEMBER OF TEAM CANADA BENOIT WAS PART OF MANY INTERNATIONAL EVENTS INCLUDING GOLD AT TORINO PARALYMPICS IN 2006 AND THE MARLBOROUGH SLEDGE HOCKEY WORLD CHAMPIONSHIPS IN MARCH OF 2008. THE TEAM FINISHED 4TH IN VANCOUVER AT THE 2010 PARALYMPIC GAMES, SO NOW BENOIT AND HIS TEAMMATES ARE TARGETING A RETURN TO GOLD AT THE 2014 PARALIMPICS IN SOCHI, RUSSIA.

PLEASE JOIN ME IN WELCOMING BENOIT ST-AMAND!

Requirements: Projector, two tables and a microphone



NEED HELP WITH YOUR GOALS? USE OUR ONLINE GOAL-SETTING COACH AT www.esteemteam.com AND WE'LL HELP YOU REACH YOUR DREAMS!



Canadian
Heritage
Sport Canada

Patrimoine
canadien